

YOUR LINK TO A BETTER LIFE

# Legacy Link

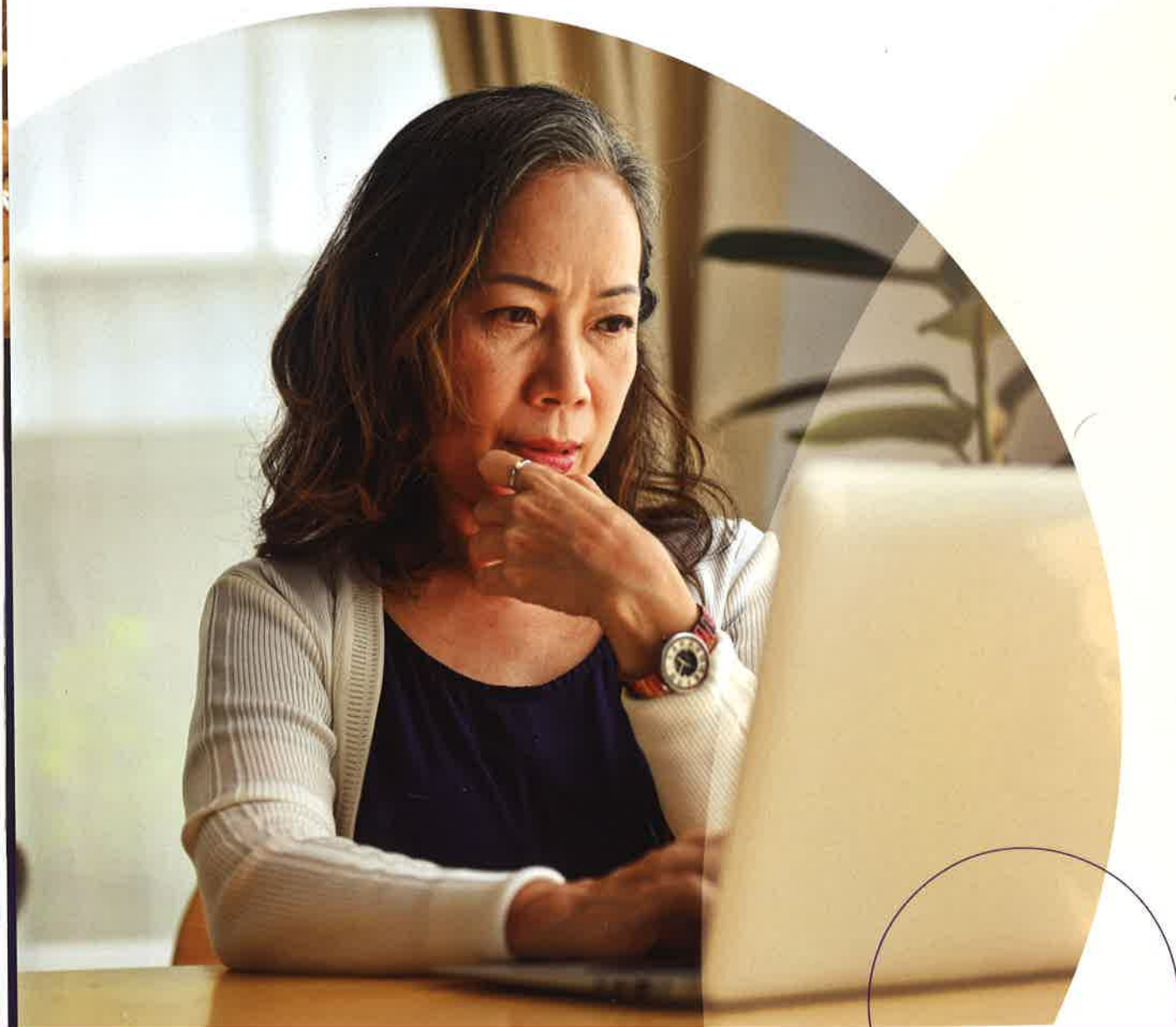


Programs  
& Services

# Linking adults to the support *they need and deserve.*

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Legacy Link is a nonprofit organization that connects older adults, individuals with disabilities, and their caregivers to the assistance they deserve. Legacy Link provides programs to supplement community resources and boosts awareness to existing initiatives. Through active listening and empathy, we link individuals to resources within the community so they can have a better life.



# Our Mission

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Our mission is to support and advocate for aging adults and individuals with disabilities to be their link to a better life.

## Programs & Services

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### Aging and Disability Resource Connection (ADRC)

Trained Intake Specialists provide anonymous and confidential access to information, referral, and assistance concerning services for seniors, family members and persons with disabilities. Specialists provide:

- Screenings to determine eligibility for services
- Referrals for services based on screenings
- Community resources



### Senior Centers

Multi-purpose senior centers receive funding from Legacy Link in 12 counties. These centers provide services to older adults including:

- Hot lunch
- Transportation and trips
- Social and recreation activities
- Exercise classes
- Educational programs
- Database for senior resources



## Home Delivered Meals

Multi-purpose senior centers in 11 counties receive funding from Legacy Link that enables these centers to deliver meals to home-bound adults 60 years and older with assistance from community volunteers.

- Hot meals are delivered Monday - Friday
- Frozen meals delivered weekly may also be an option
- Therapeutic meals (for those with diabetes) are available with a doctor's prescription

## Medicare Counseling Georgia State Health Insurance Plan (SHIP)

Trained staff and volunteers counsel individual beneficiaries, assist with enrollment in all Medicare Programs and provide community education on topics including:

- Medicare (Parts A and B)
- Medicare supplemental insurance
- Medicare Part D prescription plans
- Fraud, abuse, and scams related to Medicare
- Identity theft



**SHIP**  
State Health Insurance  
Assistance Program

## Wellness Programs

Wellness Programs promote healthy living. Wellness offerings vary in the 13 counties served by Legacy Link and include:

- Nutrition and health education
- Fall prevention
- General health information and screenings
- Chronic disease prevention and management
- Physical activity / Exercise classes

## Assistive Technology

Assistive Technology is an item or piece of equipment used to increase, maintain, or improve functional capabilities of individuals with disabilities in all aspects of life. We have over 100 items on display to help with:

- Bathing /Hygiene
- Eating
- Communicating
- Recreation
- Remaining safe and independent



## Retired & Senior Volunteer Programs (RSVP)

RSVP offers adults 55 years and older the opportunity to apply their skills and experience to meet the needs of their community. RSVP volunteers may:

- Volunteer at public and non-profit agencies
- Provide community outreach
- Provide companion outreach
- Deliver Meals on Wheels
- Provide public service
- Provide tutoring or mentoring

RSVP is part of AmeriCorps Seniors with funding provided by the federal agency, Corporation for National and Community Service (CNCS). Volunteer opportunities are offered in 10 counties.



## Kinship Care

Kinship Care provides information and support for grandparents and other relatives raising children. Including the following:

- Support groups
- Information and referrals regarding benefits
- Resource information
- Social activities/ celebrations
- Community education

Help is available to deal with the many issues related to "parenting for the second time around."



## Caregiver Support

Care Consultation is a free, telephone - based service. Clients do not need to be enrolled in any other Legacy Link Program to be eligible to participate. Care consultation provides:

- Awareness of community providers
- Family and friend involvement
- Healthcare information
- Coaching and support for caregivers
- Problem solving

## Dementia Care Specialist

Dementia Care Specialist drives the effort to make the aging and disability network more dementia capable by supporting the local community dementia care partners, people with a dementia, their caregivers and families as a community advocate, educator, and collaborator:

- Outreach and education to professionals, employers, organizations, and the local community about available dementia services.
- Collaboration with dementia care providers to ensure effective service delivery.

## Home Modifications and Minor Home Repair Program

Home modifications enable individuals to safely remain at home. These modifications and minor home repairs are focused on improving internal and external accessibility, reducing the risk of injury, and helping older adults age in place.

Program service may include:

- Installation of grab bars
- Wheelchair ramps
- Weatherization
- Minor electrical or plumbing repairs
- Removal of safety hazards in the yard
- Replacement of windowpane

## Nursing Home Transition (NHT) Programs

Nursing Home Transition Programs assist with transitioning individuals from nursing home care back into the community. Transition coordinators meet with residents and families in the nursing home to assess their options/barriers and develop a care plan for successful re-entry to community living.

Eligibility criteria for non-Medicaid recipients:

- Must be 55 years or older
- No Medicaid Requirement
- Must be in the Nursing Home for 30 days

Eligibility criteria for Medicaid recipients (Money Follows the Person Program):

- No age requirement
- Must have Nursing Home Medicaid and either an approved Medicaid Waiver (CCSP/ SOURCE) or SSI Medicaid
- Must be in the Nursing Home for 60 days



## Elderly Legal Assistance Program

Available to adults 60 years or older, free legal assistance and counseling in matters related to areas of civic law including but not limited to:

- Housing
- Utility Assistance
- Wills
- Advanced Directives
- Food Stamps
- Medicare and Medicaid
- Real and Personal Property
- Nursing Home Issues
- Medical Assistance
- Community Care Issues



**Georgia Legal  
Services Program**

For local assistance, call  
770-535-5717.

## Home and Community-Based Services (HCBS)

Non-Medicaid Home and Community-Based Services include a range of solutions to help older Georgians live safely, healthily, and independently in their homes and communities. HCBS is available for individuals 60 and older to assist with Basic and Instrumental Activities of Daily Living (ADLs and IADLS).

Services may include:

- Home delivered meals
- Light house keeping
- Personal assistance with bathing, dressing and grooming
- Caregiver respite

## Elderly & Disabled Waiver Programs (EDWP)

Community Care Services Program (CCSP) and Service Options Using Resources in a Community Environment (SOURCE) are part of the EDWP that provide in-home and community-based services as an alternative to a nursing home.

EDWP general eligibility requirements\*:

- Must be at least 65 years old (or; if younger than 65, meet certain disability requirements)
- Limited income and potential cost share
- Primary functional impairment caused by physical limitations
- Must meet level of care for nursing home placement
- Subject to estate recovery

Services available:

- Adult Day Health
- Alternative Living Services
- Case Management
- Consumer Direct Care
- Emergency Response Services
- Home Delivered Meals
- Personal Support Services
- Respite care
- Skilled Nursing Services
- Structured Family Care

For CCSP: Must be eligible or potentially eligible for Medicaid. For SOURCE: Must have Supplemental Security Income (SSI) Medicaid

CCSP and SOURCE serve 35 Counties : Banks, Barrow, Bartow, Catoosa, Chattooga, Cherokee, Clarke, Dade, Dawson, Elbert, Fannin, Floyd, Forsyth, Franklin, Gilmer, Gordon, Gwinnett, Habersham, Hall, Haralson, Hart, Jackson, Lumpkin, Madison, Murray, Paulding, Pickens, Polk, Rabun, Stephens, Towns, Union, Walker, White, Whitfield

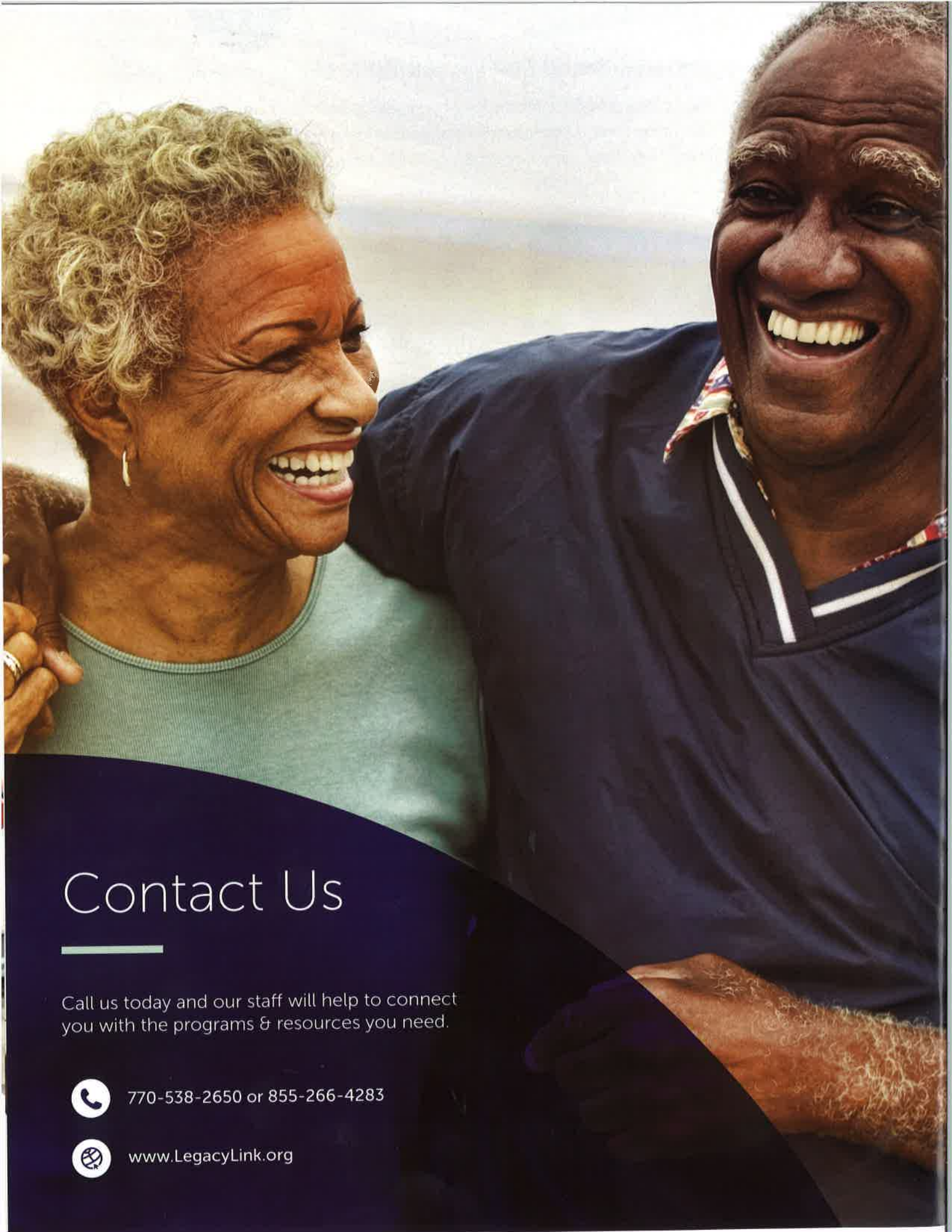
## Senior Community Service Employment Program (SCSEP)

SCSEP is a federally funded employment training program for limited-income seniors, aged 55 or older, who wish to reenter the workforce. The SCSEP Program offers:

- Paid training averages 20 hours per week
- Opportunity to refresh existing job skills and learn new ones
- Access to a regional job coach, who help job seekers create a personalized job training plan

The SCSEP program serves over 100 counties across Georgia.





# Contact Us

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Call us today and our staff will help to connect you with the programs & resources you need.



770-538-2650 or 855-266-4283



[www.LegacyLink.org](http://www.LegacyLink.org)





# KINSHIP CARE

*Are you Parenting the  
second time around?*

**Kinship Care Meetings** are a great place to meet other relative caregivers, and learn about local resources and support that you may qualify for. Kinship Care Meetings are free and open to all Relative caregivers who are raising another family member's child. Caregivers are welcome at any meeting, regardless of county they live in.

## **LEARN ABOUT:**

- **Legal Rights, Legal Support, Guardianship, Custody, Adoption**
- **Funding for Respite, Camps, After School Activities**
- **Health, Wellness and Stress Management**
- **Local Resources for Food, Clothes and Other Essentials**

**Dawson/Forsyth:** Typically the last Tuesday at 5:30pm (this meeting requires RSVP)

**Habersham:** 1st Wed 11:00 am – Family Resource Center, Clarkesville (this meeting requires RSVP)

**Hall/Banks:** 1st Tuesday 11:30am – Sardis Enrichment School (Gainesville)

**Lumpkin/White:** 3rd Thursday 11:30 am – Concord Baptist (next to Pizza Hut in Dahlonega)

**Rabun/Towns/Union:** 1st Thursday 11:30am – Rabun County Senior Center (Tiger, GA)

**Stephens/Franklin/Hart:** 3rd Wed 1pm – Salvation Army Service Center (Toccoa)

**\*Holidays and School Breaks may affect this schedule.**

**Please call Veronica Reidling at (706) 564-3246 to RSVP and confirm meeting times and locations**



**For More information about Legacy Link  
please call: 770-538-2650**

**[www.LegacyLink.org](http://www.LegacyLink.org)**